



SRI AUROBINDO COLLEGE (Evening)

(UNIVERSITY OF DELHI)
MALVIYA NAGAR, NEW DELHI - 110017

श्री अरविन्द महाविद्यालय (सांध्य)
(दिल्ली विश्वविद्यालय)
मालवीय नगर, नई दिल्ली - 110017

Date: 13.06.2021

"You cannot always control what goes on outside. But you can always control what goes on inside "

NOTICE

Department of Physical Education & Sports under the aegis of IQAC of Sri Aurobindo College (Evening) is going to organise One week workshop on "Wellness Through Yoga" from 15-21 June, 2021 jointly with Prem Sukh International Charitable Trust.

Time: 6:45 am to 8:00 am, everyday

The International Yoga Day will also be celebrated ONLINE on 21st June, 2021 on conclusion of this 7 days program. All students and staff members are requested to attend the same.

LINK:

<https://zoom.us/j/97094853173?pwd=NS9kY0N4NnZoT2hRajQ3Q0pTODZlZz09>

Meeting ID: 970 9485 3173

Passcode: 938371

Those who want to get certificate please fill the form. Attendance on all the days of the workshop is mandatory for qualifying for the certificate.

<https://forms.gle/y9DR5Qr8cxHxoJMD9>

Teachers are requested to circulate in their class groups.

Dr. Vivek Chaudhary
Associate Professor

Dr. Kusum Lata
Principal