



### Curriculum Vitae

1. Name : Dr. Pragyendu
2. Correspondence Address : Department of App. Psychology,  
Sri Aurobindo College (Eve.)  
Malviya Nagar
3. E Mail ID : pragyendu2009@yahoo.com
4. Current Profession : Associate. Professor, Department of Applied Psychology,  
Sri Aurobindo College, Malviya Nagar,  
University of Delhi
5. Academic Qualifications : Ph.D.
6. Teaching experience : **16 Years**

#### **Assignment outside Delhi University:**

1. Worked as Expert member of Psychology in BPR&D, (MHA), **Govt. of India**
2. Expert of Selection Committee in **Indian Oil, Govt. of India**
3. Worked as Expert member of Psychology at Commission for Scientific and Technical Technology , **MHRD, Govt. of India**
4. Expert member for Area advisory board of psychology for *Amity Institute Of Psychology And Applied Sciences.*
5. *Was involved in Standardize Marking Scheme in subject of Psychology , **National Open School** , NOIDA for Developing*

#### **6. Publication of Research Papers: Journals / Edited Books:**

S. No.	Title with page nos. and date of publication	Journal	ISSN No	Whether peer reviewed	*Impact Factor if any	No. of co-authors	Whether First Author /	UGC-CARE/ Scopus/ WoS listed or not?
1	Changing organizational paradigm: opportunities and challenges, 7-24, 11(1&2), 2010	Apeejay Business Review: A Journal for the Strategic Decision Making.	0974-1798	Peer-reviewed	--	2	Corresponding Author	-
2.	Volunteerism and forgiveness as a predictor of well-being, 38-44, 5(1), 2014	Indian Journal of Psychological Science	0976-9218	Peer-reviewed	--	4	Corresponding Author	List 2 Social Science Citation (Peer-Reviewed)
3.	Well-being and its relation with time perspective and volunteerism, 101-111,5(1), 2015	Indian Journal of Psychology and Education	2231-1432	Peer-reviewed	--	4	First Author	--
4.	Future orientation as the mediator of life satisfaction and recruitment saving attitudes and retirement savings perception., 471-474, 6(5), 2015	Indian Journal of Health and Wellbeing	2229-5356	Peer-reviewed	--	3	Corresponding Author	--
5.	Antecedents of internet addiction among college students in India, 1-10, 4(3), 2015	International Journal of Global Education	2146-9296	Peer-reviewed	--	3	Join Author	--
6.	A study of identity crisis and self-monitoring in Indian adolescents, 48-55, 10(1), 2015.	Journal of Indian Health Psychology	0973-5755	Peer-reviewed	--	4	Join Author	--
7.	A Correlational study of financial risk attitude, investment behaviour and life-satisfaction of middle-class people 6(4), 371-375 2015	Indian Journal of Positive Psychology	2299-4937	Peer-reviewed	-	3	Corresponding Author	

8.	Effect of gratitude and trust in volunteerism on well-being 5(2), <b>2015</b>	Indian Journal of Psychological Science	0976-9218	Peer-reviewed	-	4	First Author	
9.	A study of meaning in life, social-wellbeing and resilience among indigenous people. 5(12), 201-206 <b>2015</b>	Indian Journal of Applied Research	2249-555x	Peer-reviewed	-	3	Join Author	
10.	Nature and dynamics of gift-giving in India: a study of gift-giving habits among youth in Delhi, 113-118, 4(4), <b>2015</b>	Asian Journal of Social Sciences and Humanities	2186-8484	Peer-reviewed	--	4	Corresponding Author	--
11.	North easterners in New Delhi: a study of acculturation and racial discrimination, 136-141, 5(10), <b>2015</b>	International Journal of Economics and Social Sciences	2249-7382	Peer-reviewed	--	4	First Author	--
12.	Hope, Optimism and Gratitude in Police Force, 179-187, LXII(No.2), <b>2015</b>	The Indian Police Journal	0537-2429	Peer-Reviewed	--	3	First Author	UGC Care List - I
13.	Understanding quality of life, trust and psychological well-being of Indian police personnel, 97-106, 6(1), <b>2016</b>	Indian Journal of Psychology and Education	2231-1432	Peer-reviewed	--	4	Corresponding Author	--
14.	A comparative study of spiritual health across different professions 6(1), <b>2016</b>	India Journal of Applied Research	2249-555x	Peer-reviewed	--	4	Join Author	--
15.	Gender, Education & Spiritual Health, 91-96, 7(2), <b>2016</b>	Indian Journal of Health and Well-being	2229-5356	Peer-reviewed	--	4	Join Author	--
16.	Effect Of Time perspective on Drug Addiction (7), <b>2016</b>	The International Journal of Indian Psychology	2348-5396	2348-5396	-	4	1 <sup>st</sup>	-

17.	Antecedents of knowledge sharing: an exploration into the relationship between personality, trust, motivation and knowledge sharing, 132-142, 7(2), <b>2017</b>	Indian Journal of Psychology and Education	2231-1432	Peer-reviewed	--	3	Join Author	--	
18.	Effect Of Prosocial Behavior on Happiness and Well-Being <b>2017</b>	The International Journal of Indian Psychology	2348-5396	2348-5396	-	4	1 <sup>st</sup>	-	
19.	Molding to perfection: time as a traveller, 144-151, 7(1), <b>2017</b>	Indian Journal of Psychology and Education	2231-1432	Peer-reviewed	--	4	Join Author	--	
20.	Psycho-Social Determinants of Obesity, Vol.4,4, <b>2017</b>	The International Journal of Indian Psychology	2348-5396	Peer-reviewed	-	4	Join Author	-	
21.	Khushi Ki Kunji: Atma Jaagrakta, 64-70, 62, <b>2019</b>	Gyaan Garima Sindhu	2321-0443	Peer-reviewed	--	1	Sole Author	UGC Care List - I	
22.	Repercussions of Betrayal in Romantic Relationships V-12, <b>2020</b>	Indian Journal of Psychological Science	0976-9218	Peer-reviewed	--	4	Corresponding Author	UGC Care List -II	
23.	Mental Health Awareness Through Movies: A Case Study	Indian Journal of Adult Education	<b>2020</b>	(Oct-Dec) 4(V)	64-70	0019-5006		Joint (1 <sup>st</sup> Author)	UGC Care List
24.	Attitude Towards Technology Self - Regulation and Social Well-being in Relation with Interpersonal	Wesleyan Journal of Research	<b>2021</b>	VOL. No: 4(V)	-	0975-1386		Joint (1 <sup>st</sup> Author)	UGC Care List

	Attraction									
25.	In Search of Wellness: A Psychological Examination of Nichiren Buddhism	Kala: The Journal of Art History Congress	2021	VOL. 27(1) (VIII)		0975-7945			Joint	UGC Care List
26.	A correlation Study Between Type of Identities and in group Ties, Centrality and Affect in The Context of Religion	Kala Sarover	2021	VOL 24, NO-1 (IV)		0975-4520			Joint	UGC Care List
27.	A Study of Factors Affecting the Level of Happiness Among Practitioners of Yoga, Aerobic and Walking During Corona Lockdown 2021	International Journal of Research Grantaalayah	2021	VOL. 9(3)		2394-3629			Joint	Refereed Journal

### Chapters published in Books / Edited Books

S. No.	Title with page Nos. and date of publication	Book/ Title editor & publisher	ISBN No	No. of co-authors	Whether you are the main author
1.	Rethinking, suffering and healing: some insights from Indian traditions. (Chapter in edited book), 327-333, 2006	Modern Psychology & Human Life, Rakhi Prakashan Agra	81-88890-63-4	Single Author	Main Author
2.	Role of positive psychology in sports: A qualitative study (Edited book), 85-88, 2012	Role of physical activities and sports in Balancing education”	978-81-7873-3056-3	Joint Author	First Author
3.	The effect of environmental involvement on well-being:	Psychological Well-being: The looming	978-82-929260	Joint Author	First Author

	an empirical study, 32-39, <b>2014.</b>	Crises. (Edited Book).			
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### Editor of Book

S. No.	Title with page No and date of publication	Name of Publisher	Whether National/International Publisher	ISBN No	No. of co-editors	Whether you are the main editor
1.	Glossary of Psychology <b>(2019)</b>	<b>MHRD</b> Commission for Scientific and Technical Terminology, Government of India	National		4	Joint Author
2.	Environmental Psychology <b>(2021)</b>	Vikas Publishing House, Delhi	National		3	Joint Author

### Research Projects

S. No.	Title of Research Project	Funding Agency	Date of Sanction	Grant/Amount Mobilized (Rs. Lakhs)	Whether you are the PI/Co-PI/Consultant	Status Ongoing/Completed
1.	Psychological capital among sportspersons	University of Delhi	<b>2011</b>	Ten Lakhs	PI	Completed
2.	Psychosocial determinants of volunteerism in organizing mega sporting events	University of Delhi	<b>2013</b>	Three Lakhs	PI	Completed
3.	Psychosocial Determinants of Sporting Culture in India	University of Delhi	<b>2015</b>	Three Lakhs	PI	Completed

4.	Psychometric Evaluation in Police Forces	Bureau of Police Research and Development	2018	MHA, Govt. of India	Co-investigator	On Going
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**Papers presented in National/International Conferences / Seminars:**

S. No.	Title / Academic Session with date	Lecture/ Resource Person/ Paper presentation/ full paper in Conference Proceedings	Agency	Whether International (Abroad) / International (within country)/ National/State/ University level
1	Role of PRA Approach in managing Covid-19 Pandemic in Rural India. 17 <sup>th</sup> -18 <sup>th</sup> , June 2020	Paper presentation	Faculty of Behaviour and Cognitive Science, Chaudhary Bansi Lal University, Bhiwani ,Haryana	Online International Webinar
2.	Psychophysiological correlates of gratitude and forgiveness 28 <sup>th</sup> -29 <sup>th</sup> February 2020.	Paper presentation	Department of Psychology, University of Delhi	National
3.	Evidence based emotional regulation in primary education: A study of Rural India 5 <sup>th</sup> February, 2020.	Paper presentation	UGC and PHD Chambers of Commerce and Industry	National
4.	Positive Mental Health: An insight from ancient healing system 25 <sup>th</sup> -27 <sup>th</sup> May, 2019	Paper presentation	NACIACP	National

5.	Evidence based rural mental health program in a direction of sustainable development 14 <sup>th</sup> December, 2019	Paper presentation	Auropath, Sri Aurobindo Society	International Conference
6.	Psychological Capital as a predictor of employees' well-being 23 <sup>rd</sup> August, 2019	Paper presentation	PHD Chambers of Commerce and Industry	National
7.	Positive parenting: A study from Rural area 18 <sup>th</sup> -20 <sup>th</sup> October, 2019	Paper presentation	Psychological Science Congress	International (within India)
8.	Chaired session in conference managing digital revolution 5 <sup>th</sup> - 6 <sup>th</sup> January, 2018	Session Chair	DSPSR and GGS University	International conference within India
9.	Exploring Psycho-Social Determinants of Volunteerism in Everyday Life, 26-30 <sup>th</sup> June 2018.	Paper presentation	29th International Congress of Psychology, Montreal, Canada	International (Abroad)
10.	Volunteerism as a predictor of well-being	Paper Presented	Indian Psychological Science Congress	International within country



11.	PRA Approach for sustainable development 02-03 June, 2017	Paper presentation	Centre for environment and economic development	International conference within India
12.	Gratitude and forgiveness as a key to happiness 18 <sup>th</sup> – 20 <sup>th</sup> September, 2017	Paper presentation	Psychological Science Congress	International conference within India
13.	National conference on addiction psychology 7 <sup>th</sup> – 8 <sup>th</sup> September, 2017.	Workshop conducted	AIIMS and ICSSR	National conference
14.	Act of giving as a predictor of well-being 28 <sup>th</sup> – 30 <sup>th</sup> September, 2016	Paper presentation	Psychological Science Congress	International conference within India
15.	Effect of family environment on rejection sensitivity of mental health 01-02 March, 2016	Paper presentation	Department of Psychology, JMI university	International conference within India
16.	Participated as a resource person project review conference 21 <sup>st</sup> October, 2016	As a resource person	IGIPRESS, Delhi University	National

17.	Forgiveness as a predictor of well-being in romantic relationship 08-09 October, 2015	Paper presentation	Indian Psychological Science Congress	International conference within country
18.	Volunteerism and its impact on forgiveness as a behaviour going hand in hand 24 <sup>th</sup> -25 <sup>th</sup> February, 2014	Paper presentation	Indian Psychological Science Congress	International conference within country
19.	Altruism as a Pro-Social Factor affecting well-being” in National Seminar on Health and well-Being, 12-13 <sup>th</sup> November 2014	Paper presentation	Department of Psychology, Jamia Millia Islamia, New Delhi.	University
20.	Career development and transitions of sports persons, 27-29 <sup>th</sup> March, 2013	Paper presentation	International conference of The Colors of Career Development organized by Indian Career Development Association	International (Within country)
21.	Trauma in children from a Positive Psychology Perspective, 13-14 <sup>th</sup> March, 2013	Paper presentation	Inter-National Seminar on Psychology of Trauma	Inter-national within country
22.	Positive Psychology: treating, insurgency, induced trauma in children” in “International seminar on Psychology of Trauma: Women and Children in Violent Conflict, 13-14 <sup>th</sup> March, 2013	Paper presentation	Department of Psychology, Jamia Millia Islamia, New Delhi	Inter-national within country
23.	Civic management and psychosocial well-being among aged, 1 <sup>st</sup> -2 <sup>nd</sup> March, 2013	Paper presentation	National Seminar on “Aging Workforce is a Resource.” Organized by Dept. of Psychology University of Delhi ,South Campus	Delhi University
24.	Role of positive Psychology in sports, 15 <sup>th</sup> -16 <sup>th</sup> February, 2013	Paper presentation	National conference on “Role of Physical Activities	National

			& Sport in Balancing Education” organized by IGIPESS	
25.	Effect of Cinema on Behavior and Various Social Aspect, 13 <sup>th</sup> April, 2013	Paper Presented	National Seminar on Media-Mediated Realities and its Impact on Psycho-Social Well Being organized by Bhim Rao Ambedkar College, University of Delhi	National
26.	Study of Time Perspective, Happiness and Well-being, 26 <sup>th</sup> -27 <sup>th</sup> May, 2012	Paper Presented	National Conference on Career Development: Preparing for the Road Ahead organized by ICDA	National
27.	Impact of Vipassana Mediation of Stress and Psychological Well-being of Police Personnel in Kashmir, 16 <sup>th</sup> -17 <sup>th</sup> March, 2012	Paper Presented	National Seminar on Emerging Issues in Work, Stress and Well-being organized by Pt. J.L.N. Govt. College, Faridabad	National
28.	Changing Organizational Paradigm, 14 <sup>th</sup> May, 2010	Paper Presented	3 <sup>rd</sup> National Conference on Contemporary Management Research organized by Apeejay School of Management, New Delhi	National
29.	Aggression in Teenagers: Measures to control aggression and enhancing well-being 17 <sup>th</sup> -18 <sup>th</sup> March, 2010	Paper Presented	JMI University	National
30.	Happiness, Spirituality and Physical Health, 28 <sup>th</sup> – 29 <sup>th</sup> March, 2010	Paper Presented	National Seminar on Positive Psychology and Health: Interventions and Strategies organized	National

			by The Department of Psychology, Maharshi Dayanand University, Rohtak	
31.	Emotional Maturity and Adjustment in ADHD children, 17 <sup>th</sup> -18 <sup>th</sup> February, 2010	Paper Presented	National Seminar on Higher Education: Beyond Empty Promises organized by Government College of Education, Bhiwani	National
32.	Women's Empowerment: A Psychological Perspective, 22 <sup>nd</sup> - 23 <sup>rd</sup> January, 2010	Paper Presented	National Seminar on "Psychology: Trends and Directions" organized by Department of Psychology, B.L.J.S. College, Tosham (Bhiwani)	National

### **National Seminars Organized:**

1. Organized Project Review Seminar on "Psychological Capital among Sportspersons" 12<sup>th</sup> February **2012 sponsored by University of Delhi.**
2. Organized national seminar on the topic "social changes in contemporary India: psychological dimensions and social response" 21<sup>st</sup> and 22<sup>nd</sup> March '2014 sponsored by **Northern Regional Centre of ICSSR.**
3. Organized a national seminar on the topic "social harmony and well-being: issues and challenges dated 18<sup>th</sup> and 19<sup>th</sup> March '2016 sponsored by **UGC and ICSSR.**